

# TOPIC: DRESSING

1. **Clothing is an expression of each client's personality and individuality.** Clients have their own style and preferences. When clients like the way they look outside, they feel good inside.

2. **Each piece of the resident's clothing should be:**

- a. Neatly folded in drawers or hung in the closet.
- b. Kept clean and in good repair.

3. **When assisting the client to dress:**

- a. Affected limbs should be dressed first and undressed last.
- b. Avoid pullover garments if the client has an affected side or difficulty with the neck or shoulders unless requested by the client.
- c. Simplify dressing for clients with dementia. Understand that the client's perception of room temperature may differ from yours.

4. **LNA's role:**

- a. Provide for privacy and encourage the client to do as much as possible to promote independence.
- b. Assist the client to choose clothing and accessories appropriate for the weather, season, and event. If confused, offer the client a choice of two outfits.
- c. Check that shoes and slippers have non-skid soles and fit properly to prevent falls.
- d. When using incontinence briefs, be certain plastic is away from skin and check for proper fit.

## ADDITIONAL DEFINITIONS:

**Individuality** – all the characteristics that set one person apart from another  
**Inconspicuous** – not easily seen  
**Independent** – not relying on others for help or support

**Incontinence Briefs** – protective garment